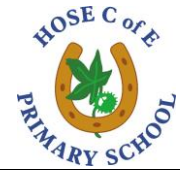
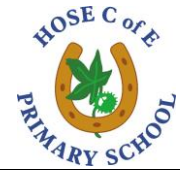


Hose CofE Primary School PSHE Long Term Plan (Including Lesson Titles)



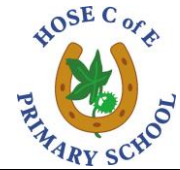
Fox Class (EYFS)						
	AUTUMN 1 Being Me In My World	AUTUMN 2 Celebrating Difference	SPRING 1 Dreams and Goals	SPRING 2 Healthy Me	SUMMER 1 Relationships	SUMMER 2 Changing Me
Cycle A & B	Age 4-5 Lesson 1: Who ...Me?	Age 4-5 Lesson 1: What Am I Good At?	Age 4-5 Lesson 1: Challenge	Age 4-5 Lesson 1: Everybody's Body	Age 4-5 Lesson 1: My Family and Me	Age 4-5 Lesson 1: My Body
	Age 4-5 Lesson 2: How Am I Feeling Today?	Age 4-5 Lesson 2: I'm Special, I'm Me!	Age 4-5 Lesson 2: Never Giving Up	Age 4-5 Lesson 2: We Like to Move It, Move It	Age 4-5 Lesson 2: Make Friends, Make Friends, Never Never Break Friends Part 1	Age 4-5 Lesson 2: Respecting My Body
	Age 4-5 Lesson 3: Being At School	Age 4-5 Lesson 3: Families	Age 4-5 Lesson 3: Setting a Goal	Age 4-5 Lesson 3: Food Glorious Food	Age 4-5 Lesson 3: Make Friends, Make Friends, Never Never Break Friends Part2	Age 4-5 Lesson 3: Growing Up
	Age 4-5 Lesson 4: Gentle Hands	Age 4-5 Lesson 4: Homes	Age 4-5 Lesson 4: Obstacles and Support	Age 4-5 Lesson 4: Sweet Dreams	Age 4-5 Lesson 4: Falling Out and Bullying Part 1	Age 4-5 Lesson 4: Fun and Fears Part 1
	Age 4-5 Lesson 5: Our rights	Age 4-5 Lesson 5: Making Friends	Age 4-5 Lesson 5: Flight To The Future	Age 4-5 Lesson 5: Keeping Clean	Age 4-5 Lesson 5: Falling Out and Bullying Part 2	Age 4-5 Lesson 5: Fun and Fears Part 2
	Age 4-5 Lesson 6: Our Responsibilities	Age 4-5 Lesson 6: Standing Up For Yourself	Age 4-5 Lesson 6: Footprint Awards	Age 4-5 Lesson 6: Safe Adults	Age 4-5 Lesson 6: Being the Best Friends We Can Be	Age 4-5 Lesson 6: Celebration

Hose CofE Primary School PSHE Long Term Plan (Including Lesson Titles)



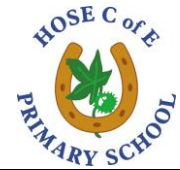
Fox Class (Y1 & Y2)						
	AUTUMN 1 Being Me In My World	AUTUMN 2 Celebrating Difference	SPRING 1 Dreams and Goals	SPRING 2 Healthy Me	SUMMER 1 Relationships	SUMMER 2 Changing Me
Cycle A	Age 5-6 Lesson 1: Special & Safe	Age 5-6 Lesson 1: The Same As ...	Age 5-6 Lesson 1: Mt Treasure Chest of Success	Age 5-6 Lesson 1: Being Healthy	Age 5-6 Lesson 1: Families	Age 5-6 Lesson 1: Life Cycles
	Age 5-6 Lesson 2: My Class	Age 5-6 Lesson 2: Different From ...	Age 6-7 Lesson 2: My Learning Strengths	Age 5-6 Lesson 2: Healthy Choices	Age 5-6 Lesson 2: Making Friends	Age 5-6 Lesson 2: Changing Me
	Age 5-6 Lesson 3: Rights and Responsibilities	Age 5-6 Lesson 3: What is Bullying?	Age 6-7 Lesson 3: Learning Others	Age 5-6 Lesson 3: Clean and Healthy	Age 5-6 Lesson 3: Greetings	Age 5-6 Lesson 3: My Changing Body
	Age 5-6 Lesson 4: Rewards and Feeling Proud	Age 5-6 Lesson 4: What Do I Do About Bullying?	Age 5-6 Lesson 3: Achieving Together: Dream Wellies	Age 6-7 Lesson 4: Healthy Eating	Age 6-7 Lesson 4: Secrets	Age 6-7 Lesson 4: Boys' and Girl's Bodies
	Age 5-6 Lesson 5: Consequences	Age 5-6 Lesson 5: Making New Friends	Age 5-6 Lesson 4: Stretchy Learning: Stretchy Flowers	Age 6-7 Lesson 5: Healthy Eating	Age 6-7 Lesson 5: Trust and Appreciation	Age 6-7 Lesson 5: Assertiveness
	Age 5-6 Lesson 6: Owning Our Learning Charter	Age 5-6 Lesson 6: Celebrating Difference; Celebrating Me	Age 5-6 Lesson 6: Celebrating My Success	Age 6-7 Lesson 6: Happy Healthy Me!	Age 6-7 Lesson 6: Celebrating My Special Relationships	Age 6-7 Lesson 6: Looking Ahead
Cycle B	Age 6-7 Lesson 1: Hopes and Fears for the Year	Age 6-7 Lesson 1: Boys and Girls	Age 6-7 Lesson 1: Goals to Success	Age 6-7 Lesson 1: Being Healthy	Age 6-7 Lesson 1: Families	Age 6-7 Lesson 1: Life Cycles in Nature
	Age 6-7 Lesson 2: Rights and Responsibilities	Age 6-7 Lesson 2: Boys and Girls	Age 5-6 Lesson 2: Steps to Goals	Age 6-7 Lesson 2: Being Relaxed	Age 6-7 Lesson 2: Keeping Safe – exploring Physical Contact	Age 6-7 Lesson 2: Growing From Old to Young
	Age 6-7 Lesson 3: Rewards and Consequences	Age 6-7 Lesson 3: Why Does Bullying Happen?	Age 5-6 Lesson 3: Overcoming Obstacles	Age 5-6 Lesson 3: Medicine Safety	Age 6-7 Lesson 3: Friends and Conflict	Age 6-7 Lesson 3: The Changing Me
	Age 6-7 Lesson 4: Rewards and Consequences	Age 6-7 Lesson 4: Standing Up For Myself and Others.	Age 6-7 Lesson 4: Group Challenge: Dream Birds	Age 6-7 Lesson 4: Medicine Safety	Age 5-6 Lesson 4: People Who Help Us	Age 5-6 Lesson 4: Boys' and Girls' Bodies
	Age 6-7 Lesson 5: Our Learning Charter	Age 6-7 Lesson 5: Gender Diversity	Age 6-7 Lesson 5: Continuing Group Challenge	Age 5-6 Lesson 5: Road Safety	Age 5-6 Lesson 5: Being My Own Best Friend	Age 5-6 Lesson 5: Learning and Growing
	Age 6-7 Lesson 6: Owning Our Learning Charter	Age 6-7 Lesson 6: Celebrating Difference and Still Being Friends	Age 6-7 Lesson 6: Celebrating Our Achievement	Age 5-6 Lesson 3: Happy Healthy Me!	Age 5-6 Lesson 6: Celebrating My Special Relationships	Age 5-6 Lesson 6: Coping With Changes

Hose CofE Primary School PSHE Long Term Plan (Including Lesson Titles)



Parrot Class (Y3 & Y4)						
	AUTUMN 1 Being Me In My World	AUTUMN 2 Celebrating Difference	SPRING 1 Dreams and Goals	SPRING 2 Healthy Me	SUMMER 1 Relationships	SUMMER 2 Changing Me
Cycle A	Age 7-8 Lesson 1: Getting to Know Each Other	Age 7-8 Lesson 3: Witness and Feelings	Age 8-9 Lesson 2: Broken Dreams	Age 7-8 Lesson 1: Being Fit and Healthy	Age 7-8 Lesson 1: Family Roles and Responsibilities	Age 7-8 Lesson 1: How Babies Grow
	Age 7-8 Lesson 2: Our Nightmare School	Age 7-8 Lesson 4: Witness and Solutions	Age 8-9 Lesson 3: Overcoming Disappointment	Age 7-8 Lesson 2: Being Fit and Healthy	Age 7-8 Lesson 2: Friendships	Age 7-8 Lesson 2: Babies
	Age 7-8 Lesson 3: Our Dream School	Age 8-9 Lesson 3: Understanding Bullying	Age 7-8 Lesson 3: A New Challenge: Garden Design	Age 7-8 Lesson 3: What do I know about Drugs?	Age 7-8 Lesson 3: Keeping Myself Safe Online	Age 7-8 Lesson 3: Outside Body Changes
	Age 8-9 Lesson 4: Rewards and Consequences	Age 8-9 Lesson 4: Problem Solving	Age 7-8 Lesson 4: Our New Challenge: Garden Design	Age 8-9 Lesson 3: Smoking	Age 8-9 Lesson 4: Getting On and Falling Out	Age 8-9 Lesson 4: Circles of Change
	Age 8-9 Lesson 5: Our Learning Charter	Age 7-8 Lesson 5: Words That Harm	Age 7-8 Lesson 5: Our New Challenge: Overcoming Obstacles	Age 8-9 Lesson 4: Alcohol	Age 8-9 Lesson 5: Girlfriends and Boyfriends	Age 8-9 Lesson 5: Accepting Change
	Age 8-9 Lesson 6: Owning Our Learning Charter	Age 7-8 Lesson 6: Celebrating Difference Compliments	Age 7-8 Lesson 6: Celebrating My Learning	Age 7-8 Lesson 6: Happy Healthy Me!	Age 8-9 Lesson 6: Celebrating My Relationships With People and Animals	Age 8-9 Lesson 6: Looking Ahead
Cycle B	Age 8-9 Lesson 1: Becoming a Class Team	Age 7-8 Lesson 1: Families	Age 7-8 Lesson 1: Dreams and Goals	Age 8-9 Lesson 1: My Friends and Me	Age 8-9 Lesson 1: Jealousy	Age 8-9 Lesson 1: Unique Me
	Age 8-9 Lesson 2: Being a School Citizen	Age 7-8 Lesson 2: Family Conflict	Age 7-8 Lesson 2: My Dreams and Ambitions	Age 8-9 Lesson 2: Group Dynamics	Age 8-9 Lesson 2: Love and Loss	Age 8-9 Lesson 2: Having a Baby
	Age 8-9 Lesson 3: Rights, responsibilities and Democracy	Age 8-9 Lesson 1: Judging By Appearance	Age 8-9 Lesson 1: Hopes and Dreams	Age 7-8 Lesson 4: Being Safe	Age 8-9 Lesson 3: Memories	Age 7-8 Lesson 3: Inside Body Changes
	Age 7-8 Lesson 4: Rewards and Consequences	Age 8-9 Lesson 2: Understanding Influences	Age 8-9 Lesson 4: Creating New Dreams	Age 7-8 Lesson 5: Safe or Unsafe	Age 7-8 Lesson 4: Being A Global Citizen 1	Age 8-9 Lesson 4: Girls and Puberty
	Age 7-8 Lesson 5: Our Learning Charter	Age 8-9 Lesson 5: Special Me	Age 8-9 Lesson 5: Achieving Goals: Potato People	Age 8-9 Lesson 5: Healthy Friendships	Age 7-8 Lesson 5: Being A Global Citizen 2	Age 7-8 Lesson 5: Family Stereotypes
	Age 7-8 Lesson 6: Owning Our Learning Charter	Age 8-9 Lesson 6: Celebrating Difference and Still Being Friends	Age 8-9 Lesson 6: We Did It!	Age 8-9 Lesson 6: Celebrating My Inner Strength and Assertiveness	Age 7-8 Lesson 6: Celebrating My Web of relationships	Age 7-8 Lesson 6: Looking Ahead

Hose CofE Primary School PSHE Long Term Plan (Including Lesson Titles)



Monkey Class (Y5 & Y6)						
	AUTUMN 1 Being Me In My World	AUTUMN 2 Celebrating Difference	SPRING 1 Dreams and Goals	SPRING 2 Healthy Me	SUMMER 1 Relationships	SUMMER 2 Changing Me
Cycle A	Age 9-10 Lesson 1: My Year Ahead	Age 9-10 Lesson 1: Different Cultures	Age 9-10 Lesson 1: When I Grow Up (My Dream Lifestyle)	Age 9-10 Lesson 1: Smoking	Age 9-10 Lesson 1: Recognising Me	Age 10-11 Lesson 1: My Self Image
	Age 9-10 Lesson 2: Being a citizen of My country	Age 9-10 Lesson 2: Racism	Age 9-10 Lesson 2: Investigate Jobs and Careers	Age 9-10 Lesson 2: Alcohol	Age 9-10 Lesson 2: Safety With Online Communities	Age 10-11 Lesson 2: Puberty
	Age 9-10 Lesson 3: Responsibilities	Age 9-10 Lesson 3: Rumours and Name-Calling	Age 9-10 Lesson 3: My Dream Job – Why I want it and the steps to get there	Age 9-10 Lesson 3: Emergency Aid	Age 9-10 Lesson 3: Being In An Online Community	Age 9-10 Lesson 4: Conception
	Age 10-11 Lesson 4: The learning Charter	Age 9-10 Lesson 4: Types of Bullying	Age 10-11 Lesson 4: Helping to Make a Difference	Age 9-10 Lesson 4: Body Image	Age 10-11 Lesson 4: Power and Control	Age 10-11 Lesson 3: Babies: Conception to Birth
	Age 10-11 Lesson 5: Our Learning Charter	Age 9-10 Lesson 5: Does Money Matter	Age 10-11 Lesson 5: Helping to Make a Difference	Age 9-10 Lesson 5: My Relationship With Food	Age 10-11 Lesson 5: Being Online – Real or Fake? Safe or Unsafe?	Age 10-11 Lesson 5: Real Self and Ideal Self
	Age 10-11 Lesson 6: Owning our Learning Charter	Age 9-10 Lesson 6: Celebrating Differences Across the World	Age 10-11 Lesson 6: Recognising Our Achievements	Age 9-10 Lesson 6: Healthy Me (Debate)	Age 10-11 Lesson 6: Using Technology Responsibly	Age 10-11 Lesson 6: The Year Ahead
Cycle B	Age 10-11 Lesson 1: My Year Ahead	Age 10-11 Lesson 1: Am I Normal?	Age 10-11 Lesson 1: Personal Learning Goals	Age 10-11 Lesson 1: Taking Responsibility For My Health and Wellbeing	Age 10-11 Lesson 1: What is Mental Health	Age 9-10 Lesson 1: Self and Body Image
	Age 10-11 Lesson 2: Being a Global Citizen 1	Age 10-11 Lesson 2: Understanding Difference / Gender Identify	Age 10-11 Lesson 2: Steps to Success	Age 10-11 Lesson 2: Drugs	Age 10-11 Lesson 2: My Mental Health	Age 9-10 Lesson 2: Puberty for Girls
	Age 10-11 Lesson 3: Being a Global Citizen 2	Age 10-11 Lesson 3: Power Struggles	Age 10-11 Lesson 3: My Dream For The World	Age 10-11 Lesson 3: Exploitation	Age 10-11 Lesson 3: Love and Loss	Age 9-10 Lesson 3: Puberty for Boys
	Age 9-10 Lesson 4: Rewards and Consequences	Age 10-11 Lesson 4: Why Bully?	Age 9-10 Lesson 4: Dreams and Goals of Young People in Other Cultures	Age 10-11 Lesson 4: Gangs	Age 9-10 Lesson 4: Online Gaming	Age 10-11 Lesson 4: Boyfriends and Girlfriends
	Age 9-10 Lesson 5: Our Learning Charter	Age 10-11 Lesson 5: Admiration Accolades	Age 9-10 Lesson 5: How Can We Support Each Other?	Age 10-11 Lesson 5: Emotional and Mental Health	Age 9-10 Lesson 5: My Relationship With Technology: Screen Time	Age 9-10 Lesson 5: Looking Ahead 1
	Age 9-10 Lesson 6: Owning Our Learning Charter	Age 10-11 Lesson 6: Celebrating Difference	Age 9-10 Lesson 6: Rallying Support	Age 10-11 Lesson 6: Managing Stress and Pressure	Age 9-10 Lesson 6: Relationships and Technology	Age 9-10 Lesson 6: Looking Ahead 2