



Hose Church of England Primary School

'Respect, Bravery, Success, Pride'



CYCLE A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation / Year 1/ YR 2 Mon pm	Spacial awareness/ different ways to move	Target Games / Scoring points	Gymnastics (Village hall fee)	Hockey – Developing control & Co- ordination	Sending and Receiving – varied equipment Basketball / Dodgeball Skills	Athletics / Sports Day prep
Thurs pm	Invasion Games Attacking to Score	Invasion Games Team Activities	Negotiating Space /Travelling safely / Fundamentals	Ball Skills / Hands & Feet – Developing control	Striking & Fielding Activities	Athletics / Sports Day prep
Year 3/4 Mon am	Invasion Games Football	Invasion Games Tag Rugby	Invasion Games Hockey Skills	S&F Games Cricket Skills	Net/Wall Games Tennis	Athletics / Sports Day prep
Thurs am	Developing Fitness, Fundamental skills	Gymnastics Invasion Games Basketball	Swimming Y3-5	Invasion Games Basketball / Dodgeball Handball/ Skills	Outdoor & Adventure – Team building activities - creating games	Striking & Fielding Activites
Year 5/6 Mon am	Invasion Games Football	Invasion Games Tag Rugby	Invasion Games Hockey	Basketball Skills- Possession / small sided play	Net & Wall Badminton	Athletics / Sports Day prep
Thurs am	Developing Fitness	Gymnastics Invasion Games Basketball	Swimming Y3-5	Swimming Y3-5	Net & Wall Tennis	Striking & Fielding Activites Roulers



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CYCLE B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation / Year 1/ YR 2 Mon pm	Spacial awareness/ different ways to move	Target Games / Scoring points	Gymnastics (Village hall fee)	Hockey – Developing control & Co- ordination	Sending and Receiving – varied equipment Basketball / Dodgeball Skills	Athletics / Sports Day prep
Thurs pm	Invasion Games Attacking to Score	Invasion Games Team Activities	Negotiating Space /Travelling safely / Fundamentals	Ball Skills / Hands & Feet – Developing control	Striking & Fielding Activities	Athletics / Sports Day prep
Year 3/4 Mon am	Invasion Games Football	Invasion Games Tag Rugby & Netball	Invasion Games Hockey Skills	S&F Games Cricket Skills	Outdoor & Adventure – Team building activities -creating games	Athletics / Sports Day prep
Thurs am	Developing Fitness, Fundamental skills	Gymnastics Invasion Games Handball	Swimming Y3-5	Swimming Y3-5	Net/Wall Games Tennis	Striking & Fielding Activities
Year 5/6 Mon am	Invasion Games Football	Invasion Games Tag Rugby & Netball	Invasion Games Hockey	Basketball Skills- Possession / small sided play	Net & Wall Tennis	Athletics / Sports Day prep
Thurs am	Developing Fitness	Gymnastics Invasion Games Handball	Swimming Y3-5	Swimming Y3-5	Outdoor & Adventure – Team building activities -creating games	Striking & Fielding Activities Cricket